

Youth Capacity Building Workshop

A collaborative initiative of Global Action Nepal and Gan Research and Learning Resource Centre

Date	02 to 04 February, 2018		
Name of the Event	Youth Capacity Building Workshop		
No of Participants	Target Group		
	Male	Female	Total
	8	9	17
Venue	GAN Research and Learning Resource Center, Chunikhel		
Objectives	<ul style="list-style-type: none"> • To orient and motivate the youth to take up self-volunteer for their own community • Improve the quality and recognition of youth work in social work • To make practical understanding on contents of delegation and action for youth action. 		
Contents	<ul style="list-style-type: none"> • Motivation • Problem solving • Delegation and Action • Time management • Prioritization 		
	Global Action Nepal in collaboration with Gan Research and Learning Resource Centre recently organized a two-day Youth Capacity Building		

Description of Program	<p>Workshop at the Gan Learning Centre for young people from Saibu, Bungamati, and Khokana.</p> <p>The training aimed to strengthen youths’ ability to address personal, social, and emotional challenges they encounter in daily life. These empowered youths will also play an important role in mobilizing child clubs in schools across Lalitpur.</p> <p>The workshop was facilitated by Mr. Graeme Kent, who applied the <i>learning cycle</i> approach. Participants not only gained theoretical knowledge but also engaged in practical exercises, reflection, and real-life application.</p> <p>A mix of methods—brainstorming, group work, presentations, games, discussions, and role plays—made the sessions highly interactive and enjoyable. The energizers and games, in particular, gave participants opportunities to showcase their own skills while reinforcing learning.</p> <p>The workshop left participants motivated, equipped with practical tools, and more confident to contribute positively to their schools and communities.</p>
Achievements	<p>During training participants involves actively and responds positively, they participate in all activities. Participants also shared about their experiences and their goals what they want to be and what they want to do? As well the following thing</p> <ul style="list-style-type: none"> • 17 participants learnt about making priority of the tasks. • Learnt the time management skill and how to balance the personal and social work.
Recommendations	<ul style="list-style-type: none"> • According to content the youth have to involve in social events • Management team of GAN have to encourage youth in enabling them to put their learning into action through repeating and stimulating them.
Additional Information	<p>Participants did not have such kind of opportunity before, they look forward to work in this content as well as with GAN too.</p>

Photos

